

## **ICC\_2021\_October\_Seminar on Women Self Defense\_P P SAVANI UNIVERSITY**

Internal Complaints Committee organized a “Seminar on Women Self Defense” for all students and faculty on 13<sup>th</sup> October 2021.

Mr. Vispy Kharadi, Fitness and Martial Art Expert and 7 times Guinness World Record Holder was the expert of the event.





## ICC\_2022\_December\_Workshop on Self Defence\_P P SAVANI UNIVERSITY

“Workshop on Self Defence Training” was organized by the Internal Complaints Committee on 22<sup>nd</sup> December 2022. Shihan Rushiraj Parekh was the trainer of the session.

This workshop aimed to develop self-confidence and self-esteem, develop skills, maintain physical health, and many more among the girl students and faculty.

